



Times like These

A Time Capsule Diary

PiXL
PRIMARY

Instructions

In these strange times, there are many changes that have affected our everyday lives. Some of these changes have been challenging to live with. However, there are also many positives that have arisen from changing the way that we live.

We would love to capture some of these changes through your eyes so that we can reflect on these in the future. You will be creating your very own virtual time capsule* of your experiences of the lockdown.

The following pages suggest some key themes and ideas that you could consider. You can record these in any way that you want to – you don't have to stick to the ideas that we suggest. You can also find some ideas to get you started in the video that accompanies this booklet.

You don't have to complete this on your own. This might be something that you do with your family. We've added some Get Thinking questions and examples to help you discuss each theme before you complete your diary entry.

**A time capsule is a container or virtual space where we store objects and evidence that tells us what the current time is like. This can be used in the future to help us understand the past.*

Recording your diary

We would love you to keep a diary for **seven days** to tell us about your lockdown experiences. You can record your diary entries however you would like to. We have made some suggestions in the template provided but feel free to choose your own way of recording. **The more creative, the better!**

Video diary or blog

Written diary

Art work

Photographs

Poems or songs

Mind maps

Cartoon strips

Day 1: Monday 18th May

What I do

Create a cartoon strip of a normal day during lockdown. What do you do? Are there things that you do every day or is each day different? Use the template below or create your own!

Get thinking...

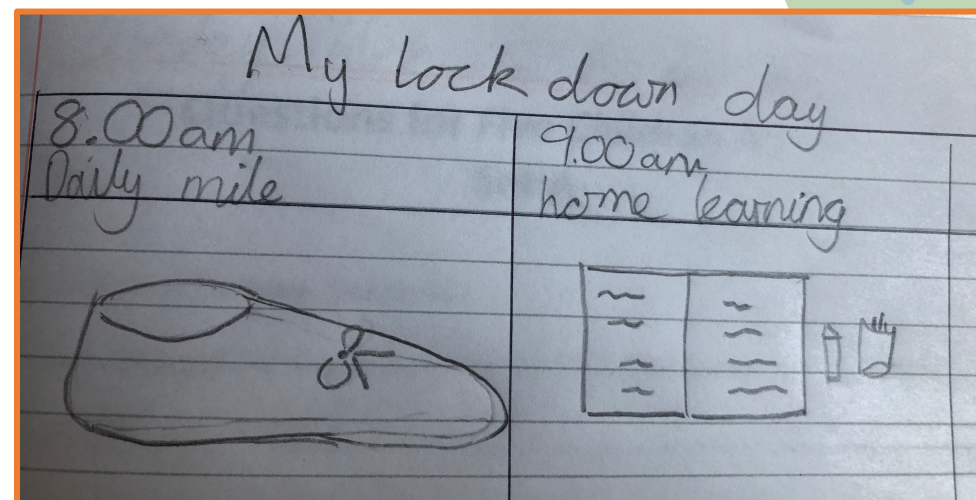
What was your daily routine like before lockdown? What is it like now?

Are there certain things that you do every day or on specific days?

What is your favourite part of a lockdown day? Why?



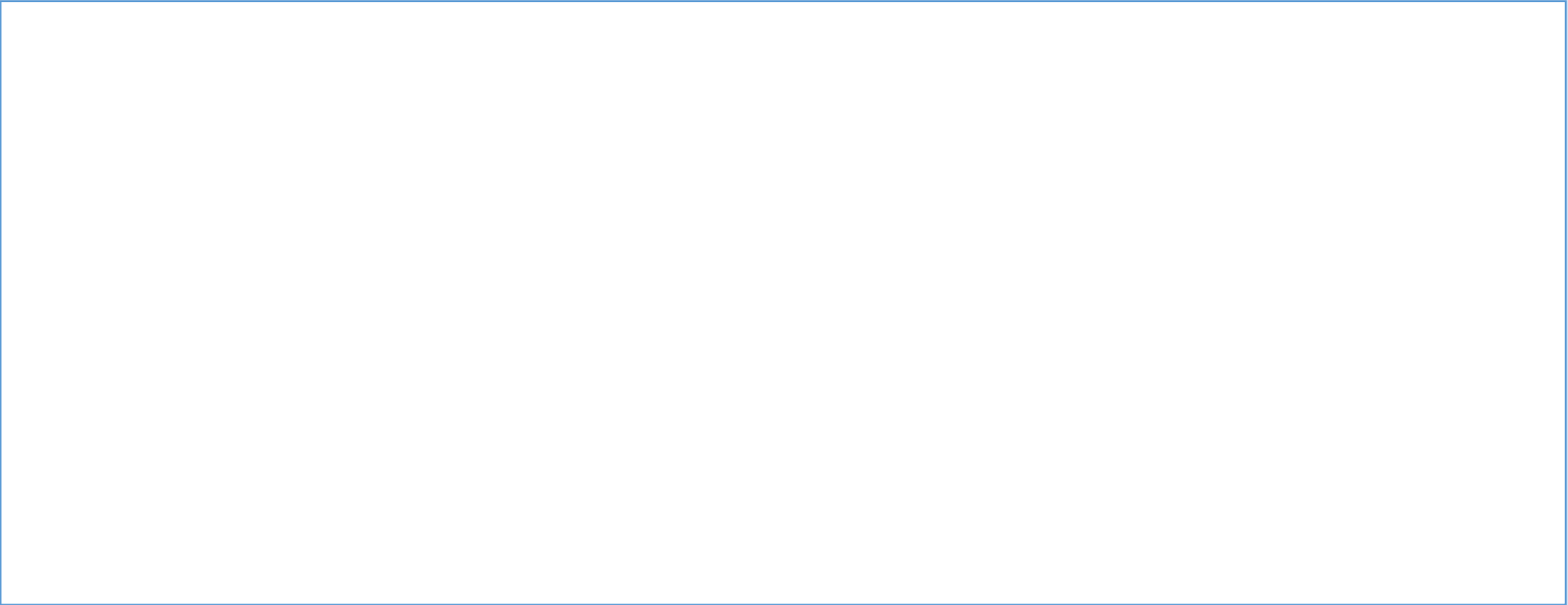
I've been doing lots of baking with my mum during lockdown.



Day 2: Tuesday 19th May

My environment

Look out of your window. Is there anything different about the noises you hear or the things you can see? Create a sketch, collage or painting that captures your environment at this time. Can you explain what is different about what you can hear and see around you?



Get thinking...

How has your environment changed? What have you noticed?

What can you see that you haven't seen before? Why do you think this is?

What can you hear around you? How is this different to before lockdown?



Day 3: Wednesday 20th May

How I stay connected

Collect some ideas about the ways that you have found to stay connected during lockdown. Think about who you have connected with and what has been different about the way you communicate with them. You could complete the table below or draw your own mind map.

Who I connect with	How I connect	What do we connect through?
<ul style="list-style-type: none"><i>Auntie Nicky</i>	<ul style="list-style-type: none"><i>FaceTime calls</i>	<ul style="list-style-type: none"><i>She reads me a story</i>

Get thinking...

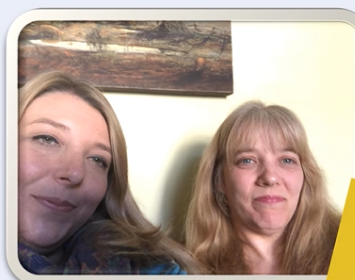
How do you communicate with family and friends during lockdown?

Who do you communicate with regularly while you are at home?

Have you used any technology to help keep in touch?



We did a whole school assembly today – it was weird hearing everyone singing. I don't think Mr S should have let us put all of our microphones on!



**BEDTIME
STORIES**

I read to my aunties every evening.

Day 4: Thursday 21st May

How I learn

Write a diary entry to explain how the way that you learn has changed. Do you have work to complete from school? Have you learnt any new skills during lockdown? You could use some of the ideas below to help you structure your diary.

What I learn:

How I learn:

Who I learn with:

When I learn:

How I feel about learning in lockdown:

Get thinking...

What is the most interesting thing you have learnt since lockdown?

What has helped you make the most of your lockdown learning time?

How has the way you learn changed since lockdown?



Day 4: Today our art teacher Miss B set us a shadow drawing and painting for us to create in the style of Henri Rousseau. I didn't want to do it because I don't really like art, but mummy said I had to and she helped me find the shadows. I feel proud of my painting now it is done even though it took a long time.

Day 5: Friday 22nd May

My community

Write a short poem or song to explain what it is like to live in your community at the moment. What is different? What acts of kindness have you seen or heard of?



Get thinking...

How have people in your community helped one another during lockdown?

What have you noticed about your community during lockdown?

Can you think of something you have done to support your community?

Calm and caring
Organised and ordered
M
M
U
N
I
T
Y

In this upsy-downsy world,
Nurses are heroes and
celebrities are ignored.
Theatres are empty, but we
clap on our doorsteps.

Day 6: Saturday 23rd May

How I play

Take some photographs that show how you play during lockdown. This could be photographs of the games or toys you play with or photographs of you playing in different ways. What is different? What is similar?



Get thinking...

Who have you played with during lockdown?

What games and toys have you played with?

How has the way you play changed since lockdown?



I have to play with my sister a lot more which is ok but sometimes she is really annoying! I made us both a yoyo and have learnt some new tricks.



Day 7: Sunday 24th May

How I feel

Record a short video or voice note to explain how you are feeling during lockdown. Has this changed since the beginning? Have you had any feelings that have surprised you? Watch the examples in the accompanying videos if you need some ideas to get you started.

At the beginning of
lockdown, I felt...

As time has gone on, I
feel...

Get thinking...

How has the way you feel changed since the beginning of lockdown?

Are there any changes you have made that you would like to continue?

Have you had any feelings that surprised you during this time?

Today I have been feeling lonely. The most difficult part of lockdown is not seeing all of my friends because some of my favourite parts of school are lunchtime and playtime. I decided to email my friend Sophia to see if we could do a Facetime later. We did! It was really great to see her and we did colouring competitions and Lego and I saw her cat.

I feel like a meerkat in a soft burrow, wrapped tightly in a bundle of love.

In lockdown, I feel like a solitary cloud in a summer sky, alone and drifting.

Congratulations – you have completed your diary.

We would love you to share your creations!

If you are happy to share your work, your teachers would love to see it.

They will be able to give you instructions on how to do this.

