

Year 3 Home Learning – Monday 20th April

<p>Times Tables bingo</p> <p>Make a times table bingo game. It's very simple to do. Write out cards with the times table that you are working on, e.g. 1 x 4, 2 x 4, 3 x 4. Cut out these cards and lay them in a pile, face down. Play with a partner. Each of you chooses 6 numbers that are answers for the times table you are working on and write them down. Read out the cards. If one of you has the answer written down you can cross it off. The winner is the first person to cross off all their numbers.</p>	<p>Maths – Addition and Subtraction</p> <p>Today, download an addition and subtraction booklet in order to practise all the addition and subtraction we have learned this year. Go to the Twinkl website. Search for 'Year 3 Addition and subtraction booklet'. Download the booklet and complete it. It has pictures of monsters on the front.</p>	<p>Diary Writing</p> <p>This week, write a diary about what you have done and how you are feeling. Write a short amount, maybe just one or two paragraphs at the end of each day. You could write about:</p> <ul style="list-style-type: none"> - Where you went for your daily exercise - What games you played - Any books you have read or other activities you've done on your own - How you are feeling
<p>Science – Spinema</p> <p>Search for the Royal Institution of Science and go to families, then eXperimental, or access this activity via the link below: https://www.rigb.org/families/experimental Go to the video entitled 'Spinema'. Watch the video and try the activity for yourself.</p>	<p>Art</p> <p>Why not try making a collage. You could use any art materials you have at home. If you don't have anything at home to use, why not gather some natural materials when you go out for a walk as part of your daily exercise. You could make a collage of anything. Use your imagination.</p>	<p>Wellbeing - Meditation</p> <p>Sometimes we can get stressed out during lockdown. A good way to help us at these times is to try meditation. Try this fun way to meditate – you could do this with a family member or by yourself: <u>Bumblebee Meditation</u> Get into a comfortable sitting position and close your eyes. Focus on listening to your breathing. Feel the air entering in through your nose, filling up your lungs and blowing out of your mouth. Inhale slowly through your nose. Place your fingers gently on your ears to close off external sound. Breathe out through your mouth, saying 'bzzzzzzzzzzzz' for as long as you can. Repeat. Try a different sound such as 'mmmmmmmmmmmm' or 'ohhhhhhhhhh'. Repeat the bumblebee breathing until your body is calm and relaxed.</p>